

Racers: What to Bring

- Race registration printout
- Team jersey
- Helmet
- Sunglasses
- Riding shorts
- Gloves
- Riding shoes
- 2 pair socks (not cotton)
- Arm warmers
- Leg warmers
- Windbreaker
- Warm jacket
- Sweatshirt/sweatpants or other comfy clothes for ride home
- Towel
- Two water bottles or camelbak
- Favorite sports drink (Gatorade, etc)
- 1 gallon water
- Sunscreen
- Snacks and/or lunch
- Money for park entrance and food vendors
- Lawn chair
- Dirty clothes bag
- Personal cheering squad
- Positive attitude
- Bike
- 2 Tubes
- Tire inflation device
- 2 tire levers
- Multitool